

*2nd SIO Europe &
12th International ARTOI Congress*

FROM ANCIENT WISDOM TO MODERN INTEGRATION

8-10 MAY, 2026
*Pontifical Salesian
University, ROME*



RESEARCH - REMEDIES - TRAINING - CULTURE



**FROM ANCIENT WISDOM TO MODERN
INTEGRATION:
Bridging Millennia of Healing**

**ARTOI and SIO Europe 2026
Conference May 2026**

As Congress Co-President (Massimo Bonucci – Italy) with Doctors Nina Fuller-Shavel (UK) and Eran Ben-Arye (Israel) are delighted to inform you about this highly anticipated and esteemed conference in 2026.

This event is a must-attend for healthcare professionals who are committed to whole-person cancer care, offering the latest insights in integrative oncology from leading experts across Europe and the Middle East.

The full programme features in-depth discussions across multiple specialties and unparalleled networking opportunities with Italian and international colleagues.





CONFERENCE CO-PRESIDENTS



Dr Massimo Bonucci



Dr Nina Fuller-Shavel



Dr Eran Ben-Arye

DR MASSIMO BONUCCI (ITALY)

An Italian oncologist and founder of ARTOI, Dr Bonucci is a key advocate for integrative medicine in cancer care, directing oncology programs in Rome and contributing to international education, research, and clinical practice

DR NINA FULLER- SHAVEL (UK)

UK-based physician-scientist with four Oxbridge degrees, Dr. Fuller-Shavel leads Synthesis Clinic and the UK NCIO charity. She specialises in integrative oncology and education, and serves as SIO Global Ambassador for the UK

DR ERAN BEN-ARYE (ISRAEL)

Professor of Family Medicine at the Technion in Israel and founder of the Integrative Oncology Program in Haifa, he is a leading researcher in cross-cultural oncology and serves as SIO Regional Ambassador for Europe and the Middle East

SIO EUROPE IS SUPPORTED BY THE SIO GLOBAL COMMITTEE





Friday, May 8 PRE CONFERENCE WORKSHOPS

9.00 – 10.30

- Room 1 BRIDGING HUMAN AND VETERINARY MEDICINE:
A NEW FRONTIER IN INTEGRATIVE ONCOLOGY
(Alessandro Benvenuti/Carla Fiorentini)
- Room 2 SHIATSU IN ONCOLOGY - PAIN TREATMENT
TECHNIQUE
(Raffaele Torchia, Renato Zaffina)
- Room 3 EVIDENCE BASED HOMEOPATHY WITHIN
INTEGRATIVE ONCOLOGY: STATE OF THE ART
**(Francesco Marino, Moshe Frenkel, Jean-Lionel
Bagot, Michael Frass, Holger Malchow)**
- Room 4 IT'S TIME TO GO QUANTUM MEDICINE IN GLOBAL
HEALTH **(Rocca Beppe, Pagliaro Gioacchino,
Ferrini Daniela, Noera Giorgio)**
- Room 5 CHEMO-INDUCED NEUROPATHIES

Moderators: **Maria Bernadette Ligabue,
Mimma Raffaele**
Speakers: **Mimma Raffaele, Teresa Paolucci,
Cecilia Lucenti, Michele Acanfora**
- Room 6 MISTLETOE TREATMENT IN ONCOLOGICAL
PATIENTS: HANDS ON COURSE AND PRACTICAL
ISSUES **(Friedmann Schad, Thomas Breitzkreuz,
Emanuela Portalupi)**
- Room 7 SPIRITUAL HEALING AND SELF-HEALING
WORKSHOP FOR INTEGRATIVE / ONCOLOGICAL
PRACTICE **(Antoni Przechrzta)**



Room 8 SAFFRON: SUSTAINABLE CULTIVATION AND
MECHANISM OF ACTION FOR MOOD SUPPORT
(1 hour) (**Cento Fiori S.r.l.**)

10.30 – 10.45 BREAK

10.45 – 12.15

Room 1 ACUPUNCTURE THERAPEUTIC MODELS
APPLICABLE IN PRACTICE (**Carlo Giovanardi,**
Alessandra Poini)

Room 2 A MULTIDISCIPLINARY APPROACH Models of
integration in palliative care and supportive care in
Hospice:

- Acupuncture at the end of life: a spiritual approach and practical formulas, **Franco Cracolici**
- The scientific, humanistic and spiritual contribution of homeopathy to the terminally ill patient
Francesco Marino, Holger Malchow, Paul Muttathukunnel

Room 3 INTEGRATION OF OSTEOPATHY INTO CARE
PATHWAYS: SCIENTIFIC RATIONALE AND CLINICAL
APPLICATIONS (**Sandra Tosi, Mauro Fornari,**
Oliviero Bonetti, Nicola Barsotti, Davide Baccarlino,
Alessandro Leone)

Room 4 INTEGRATIVE ONCOLOGY NURSES IN EUROPE AND
MIDDLE EAST: MODELS, ROLES AND SCOPE OF
PRACTICE

Moderators: **Aga Kehinde, Maryam Rassouli, &**
Jacqui Stringer



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- Room 5 PHYSICAL ACTIVITY IN INTEGRATIVE ONCOLOGY
- Moderators: **Gianpaolo Ronconi, Maria Bernadette Ligabue**
Speakers: **Monica Pinto, Anna Campbell, Paola Emilia Ferrara, Fugazzaro Stefania, Sveva Nusca**
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- Room 6 NEURAL THERAPY: SCIENTIFIC RATIONALE FOR AUTONOMIC MODULATION IN INTEGRATIVE ONCOLOGY (**Maurizio Episodio, Michele Acanfora**)
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- Room 7 INTEGRATIVE THERAPIES IN ONCOLOGICAL CARE PATHWAYS: THE KOMEN ITALIA–ONCONAUTI HOSPITAL–TERRITORY MODEL FOR TRANSLATING SCIENTIFIC KNOWLEDGE INTO CLINICAL PRACTICE. A FEASIBILITY STUDY (**Associazione Onconauti**)
-
- Room 8 TOXIC METALS, EXPOSOME AND HOST RESILIENCE IN INTEGRATED ONCOLOGY: TRANSLATIONAL IMPLICATIONS FOR PRECISION MEDICINE (**Driatec S.r.l.**)
-
- Room 9 STEM CELL DIFFERENTIATION FACTORS AND NEOPLASTIC CELL RE-EDUCATION: A DEVELOPMENTAL BIOLOGY PARADIGM IN INTEGRATED ONCOLOGY (**Novacell Biotech company S.r.l.**)
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- Room 10 IMPLEMENTING HOMEOPATHY IN HOSPITALS AND INTEGRATIVE ONCOLOGY CENTERS ACROSS SIO-EUROPE: STRUCTURED CLINICAL MODELS, IMPACT, AND FUTURE DIRECTIONS (Workshop of Special Interest Group Homeopathy – Society for Integrative Oncology, with institutional support from Boiron.
Speakers: **Elizabeth Thompson, Ingrid Theunissen, Michael Frass, Elio Rossi, Moshe Frenkel, Jérôme Sicard, and Jean-Lionel Bagot**)



CONFERENCE, ALL IN PLENARY ROOM

12.00 – 13.00 Registration and accommodation

13.00 – 13.30 Opening of the congress: Co-Presidents/

Institutional authorities

Guest invited (**Dario Nardella**, European Parliament
- **Simona Dei**, ISPRO, Institut for Study Network
Oncological Prevention - **Francesco Schittulli**, LILT
President)

13.30 – 14.30 Keynote lectures

Moderators: **Alain Toledano & Florian Strasser**

- Precision Medicine as new approach of cancer (**Prof. Paolo Marchetti** – Director Society of Precision Medicine)

- Bridging the Gap: The Future of Integrative Oncology in Modern Cancer Care (SIO President-Elect, **Prof. Richard T. Lee**)

14.30 – 16.00 AI and integrative oncology

Moderators: **Lorenzo Anelli & Giorgio Noera**

The Unavoidable AI Revolution in Integrative Oncology (**Lorenzo Anelli**)

AI and Advanced Systems for Personalized Oncological Medicine: Integration of Organs-on-Chip and Omics Data for a Biological Twin (**Elena Lo Presti**)

TCIM and AI: opportunities and challenges (**Jeremy Y Ng**)



Treasuring empathy in the AI era: do we feel the needs of our patients? (**Friedemann Schad & Eran Ben Arye**)

16.00 – 16.30 BREAK

16.30 – 17.30 Cross-Cultural Integrative Oncology

Moderators: **Hiba Boujnah and Eran Ben-Arye**

Chemotherapy under Missiles (**Sameer Kassem**)

From loss to rebirth: a journey within the Druze community (**Yael Bruno**)

Spirituality and religious dimensions of cancer care in Iran and within Islamic medicine (**Maryam Rassouli**)

17.30 – 18.30 POSTER SESSION (with taste of italian wine)



Saturday, May 9 PRE-CONFERENCE

07.30 – 08.30 Tai Chi Session (on University Park)

Saturday, May 9 CONFERENCE

Plenary Room

09.00 – 10.00 INTEGRATIVE ONCOLOGY AS A CRX

(COMPANION PRESCRIPTION) DURING ACTIVE
TREATMENT)

Moderators: **Massimo Bonucci & Nina Fuller-Shavel**

Integrative oncology in supporting immunotherapy and targeted therapies (**Nina Fuller-Shavel**)

Integrative Oncology as a Companion Prescription - From Implementation to Measurable Patient Outcomes (**Anja Thronicke**)

Sleep disturbances and cancer-related fatigue – pathophysiology and evidence-based therapies (**Matthias Kröz**)



Parallel sessions Plenary Room

10.15 – 11.15 SUPPORTING WOMEN ALONG

THE CANCER JOURNEY

Moderators: **Camilla Casi & Natacha Ruysers**

Integrated Fertility-Sparing Strategies in Endometrial Carcinoma in Diabetic Women (**Alberto Mattei**)

Beyond the scar: Osteopathic Intervention and the Restoration of Vitality after Mastectomy (**Sandra Tosi**)

Fasting-mimicking diet and exercise in patients with triple negative breast cancer
(**Josephine Van Cauwenberge**)

From integrative gynecologic oncology to integrative obstetrics (**Eran Ben-Arye**)

Room 1

INTEGRATIVE NUTRITION: PREVENTION and TREATMENT

Moderators: **Isabel Giralt & Francesca Andreazzoli**

Well-being and Health: Oncological Nutrition, Management of Low-Grade Inflammation using Dragon Boat and Bright-Field Blood Microscopy (V-MEV) in Female Oncological Patients to Reduce and Monitor Inflammatory Levels (**Alessia Calandra**)

Nutritional interventions for Type 2 diabetes and cancer, with a focus on oat-based diets and fasting days
(**Roland Zerm**)

Bridging the Metabolic and Neuroendocrine Gap: A Mixed-Methods Approach to Developing Integrative Clinical Guidelines for Patients with Cancer and Diabetes
(Adi David)

Renal protection and support during and after oncology treatment **(Giuseppe Scapellato)**

Room 2

MOVEMENT, MANUAL THERAPIES AND REHABILITATION

Moderators: **Stephanie Otto & Ursula Wolf**

Benefits of exercise & sport for cancer prevention?
Example of colorectal cancers **(Alain Toledano)**

Self-Care and Self-Management in Cancer Patients
(Maria Bernadette Ligabue)

Tuina in pediatric oncohematology: treatment of chemotherapy side effects **(Alfredo Albiani)**

The Fascial Network as a Neuro-Immuno-Mechanical Interface: A Missing Link in Exercise Oncology and Cancer Care **(Stephanie Otto)**

Room 3

ACUPUNCTURE: RESEARCH IN CANCER CARE

Moderators: **Giuseppe Lupi & Konstantina Stylianou**

Five Evidence Based Acupuncture Points and Three Core Combinations in Oncology Care - Subtitle: Clinical Evidence Mechanisms and Application in Integrative Oncology; Protocol design, treatment planning, and clinical decision-making **(Yair Maimon, WFAS Vice President)**

Traditional acupuncture and microsystems therapeutic methods for the treatment of side effects of chemotherapy and radiotherapy **(Franco Cracolici, WFAS Vice President, FISA Vicepresident, Giuseppe Lupi)**



Acupuncture and Virtual Reality in the Treatment of Breast Cancer (**Massimo Rinaldi**, Head of Integrated Medicine, University of Chieti)

Acupuncture in pediatric oncology (**Esther Martinez**)

Room 4

INTEGRATIVE ONCOLOGY NURSING: TRAINING AND CURRICULUM DEVELOPMENT

Moderators: **Christoph von Dach, Gülbeyaz Can & Emanuela Portalupi**

Introduction (**Emanuela Portalupi**)

Integrative Oncology Nursing in Italy: Current Challenges and Opportunities (**Rosario Caruso**)

IO Nursing Training Models in Israel (**Eran Ben-Arye**)

Integrative Oncology Nursing Training in Turkey (**Gülbeyaz Can**)

The Integrative Nursing Handbook for Teachers in Nursing (**Martine Busch**)

IO nurse training in Switzerland (**Sara Kohler**)

Integrative Nursing Education Series (INES-D) Handbook - Mapping study in German-speaking countries (**Sara Kohler**)

Future Directions: Designing Context-Specific Graduate-Level Programs for Palliative and Integrative Care in the Middle East (**Maryam Rassouli**)

Discussion (**Christoph von Dach**)

Room 5

LIQUID BIOPSY: UPDATES IN CANCER TREATMENT

Moderators: **Lorenzo Anelli, Mimma Raffaele**

Experience with liquid biopsy (**Alexandro Membrino**)



Cancer Care 2.0: The Multimodal Liquid Biopsy
Revolution (**Natalia Malara**)

Dendritic cell therapy in cancer care: novel approaches
(**Ana Moreira**)

Multiomics in supporting precision integrative oncology
(**Nina Fuller-Shavel**)

Room 6

PRECLINICAL AND CLINICAL RESEARCH: ROLE AND
SIGNIFICANCE

Moderators: **Carla Fiorentini, Giampietro Ravagnan**

Curcumin–Polydatin Combination in Integrative
Oncology for Glioblastoma: Mechanistic Insights into
Their Synergistic Enhancement of Temozolomide
Antitumor Activity in Cellular Model
(**Annalucia Serafino**)

Extra-virgin olive oil polyphenols supplementation
counteracts oxidative stress and colorectal cancer
development in vivo (**Laura Bracci**)

From Bacteria to Tumors: CNF1's Role in Colorectal
Cancer (**Alessia Fabbri**)

11.15 – 11.45 BREAK AND POSTER SESSION



Parallel sessions Plenary Room

11.45 – 13.30

INTEGRATIVE ONCOLOGY MODELS: MASTER CLASS

Moderators: **Friedemann Schad & John Hughes**

THE ITALIAN MODEL

TUSCANY: The Multidisciplinary Oncology Team at Campostaggia Public Hospital (Siena) and Tuscany South East Health Authority (ASL) (**Angelo Martignetti, Simona Dei**)

BASILICATA: The AMICO Clinic Approach to Integrative Oncology in Breast Cancer Care: Structure and Clinical Framework from a Southern Italian Hospital (**Graziella Marino**)

THE GERMAN MODEL

The German KIM model – IO implementation in a University Cancer Centre (**Thomas Breitkreuz, Klaus Kramer**)

THE ISRAELI MODEL

Carmel palliative IO model: facilitating hospital to community continuum of care (**Orit Gressel, Yakir Segev**)

THE SWISS MODEL (Natalie Kalbermatten)



Room 1

INTEGRATIVE ENDOCRINOLOGY AND NUTRITION

Moderator: **Ursula Wolf**Sarcopenia in cancer patients (**Maurizio Muscaritoli**)Fasting methods (**Samir Sukkar**)Ketogenic nutrition in cancer care (**Marco Marchetti**)Integrative endocrinology in cancer care: The diabetes model (**Sameer Kassem**)Food interventions to reduce immunotherapy toxicities (**Joy Demol**)Metabolism and Inflammation (**Claudio Mauro**)

Room 2

PREHABILITATION AND REHABILITATION IN CANCER CARE

Moderators: **Georg Seifert & Stephanie Otto**Integrative gynecological oncology in prehabilitation (**Yakir Segev**)Perioperative integrative oncology in patients with colorectal cancer (**Emma Davies**)The role of yoga and yoga therapy (**Evi Dimitriadou**)Osteopathy as an Integrative Intervention in Oncology (**Oliviero Bonetti**)The role of reflexology systems (**Massimiliano Scapecchi**)

Room 3

HYPERTHERMIA IN ONCOLOGY: Locoregional hyperthermia: updates and opportunities in the care of cancer patients

Moderators: **Giammaria Fiorentini,**
Massimo Bonucci



The White Paper of Locoregional Hyperthermia in Oncology: Level 1A Evidence, Standards of Practice, Recommendations and Implementation with anti-cancer treatments (**Cristian Gologan, Veronica Iatan**)

Pharmacological treatments and locoregional hyperthermia: which indications and the best timing of administration: the Oncologist's opinion (**Girolamo Ranieri**)

Radio-chemotherapy and locoregional hyperthermia: up to date (**Giammaria Fiorentini**)

Synergistic Hyperthermia in Multimodal Oncology: Balancing Tumor Response with the Preservation of Health-Related Quality of Life (**Giuseppe Cristina**)

Locoregional hyperthermia as player of Integrative Oncology: hypothesis or reality? (**Massimo Bonucci**)

Discussion and comments 15 min

Room 5

MEDICAL CANNABIS AND PSYCHEDELIC APPROACHES IN CANCER CARE

Moderators: **Richard Lee & Dr Nina Fuller-Shavel**

Cancer pain mechanisms and integrative pain care (**Deepak Ravindran**)

Medical cannabis in cancer symptom control (**Richard Lee**)

Integrative pharmacist's perspective on medical cannabis and IO polypharmacy (**Roshni Vyas**)

Room 6

ORAL PRESENTATIONS: THE BEST OF SIO EUROPE 2026

Moderators: **Salvatore Bonanno & Mercedes Farzad**

Lived Experience of Art Therapy in Integrative Oncology: Initial Phase of a Multicenter Cross-Cultural Interpretative Phenomenological Study (**Nesrine Mejri**)

Treatment of Depressive Symptoms with *Helleborus niger*: A Retrospective Observational Study Based on PHQ-9 scores and ICD-11 diagnoses (**Sanaz Taromi**)

Evaluating Integrative Oncology Beyond Tumor-Centric Outcomes: A Mixed-Methods Framework Informed by Real-World Clinical Practice (**Nathaniel Scher**)

Training the Next Generation of Integrative Oncology Professionals: The ECOLE European Model in Exercise Oncology (**Nathaniel Scher**)

The ISWOP Study - Implementation of a questionnaire to assess concerns and well-being in oncologic-palliative patients (**Lisa Schille**)

Psychosocio-emotional effects of immersive integrative programs in oncology: preliminary results (**Stéphanie Nuan-Aliman**)

Questionnaire of evaluation of satisfaction and impact of the integrative oncology activities of the Tuscan Regional Health Service addressed to oncologists and health professionals of oncology departments (**Elio G. Rossi**)

Room 7

HOMEOPATHY AND CANCER CARE

Moderators: **Elio G. Rossi, Jean-Lionel Bagot, Francesco Marino**

Practical session with Swiss and Indian colleagues:
HOMEOPATHY AND CANCER: CLINICAL EXPERIENCES (**Dario Spinedi, Holger Malchow, Antonietta Iasiello, Paul Muttathukunnel, Aditya Pareek, Alok Pareek**)



13.30 – 14.30 LUNCH – POSTER SESSION

14.30 – 15.30 Plenary Room

MICROBIOTA AND CANCER

Moderators: **Nina Fuller-Shavel, Francesca Andreazzoli**

Beyond Nutrition: Microbial and Botanical Modulators for Precision Oncology (**Alexander Bertuccioli**)

Exploiting the gut microbiome to improve clinical outcome of pancreatic cancer patients (**Valerio Paziienza**)

Parallel sessions Plenary Room

15.30 – 17.15 HERBAL MEDICINE: SYNERGISM WITH INTEGRATIVE ONCOLOGY MODALITIES

Moderators: **Elio Rossi & Salvatore Bonanno**

Anthroposophic medicine: a multimodal approach in integrative oncology (**Matthias Kröz**)

Ayurveda in integrative oncology (**Santhosshi Narayanan**)

The challenge of unmonitored traditional herbal use in patients with cancer and diabetes (**Orit Gressel, Sameer Kassem**)

Nanoemulsified Medicinal Mushrooms as Natural Immunoadjuvants in Integrative Oncology: Translating Ancient Mycotherapy into Modern Clinical Practice
(Catalina Fernandez De Ana Portela)

Acupuncture when patients need more
(Franco Cracolici)

Room 1

INTEGRATIVE HEMATOLOGY - MULTIPLE MYELOMA: BRIDGING NOVEL THERAPEUTICS AND INTEGRATIVE MEDICINE **(Francesca Andreazzoli)**

Regenerative Medicine in Oncology Patients: State of the Art **(Ana Moreira)**

Room 2

PSYCHO-ONCOLOGY AND COACHING

Moderators: **Patrizia Giungato, Massimo Agnoletti**

Psycho-oncology and PNEI **(Anna Giulia Bottaccioli)**

Cancer, Bereavement, and Caregiving: An Integrated Care Approach **(Michela Spagnolo)**

Integrative psycho-oncology in cancer care and healthcare education **(Nazanin Derakhshan)**

Cancer and meditation **(Kempenich Robert)**

Osteopathy and Physiological regulation: a Pnei-Based approach to support the Oncological patient
(Nicola Barsotti)

Room 3

NATURAL PRODUCTS AND COMBINATION APPROACHES IN INTEGRATIVE TREATMENT

Moderators: **Florian Strasser, Konstantina Stylianou**

Phytotherapy and urological oncology
(Annalia Giallombardo)

Integrative oncology in GBM **(Massimo Bonucci)**



Integrative oncology in gastrointestinal malignancies
(Emma Davies)

Integrative oncology in ovarian and breast cancer
(Nina Fuller-Shavel)

Phytonutrition in cancer care **(Rosaria Ferreri)**

Room 4

INTEGRATIVE ONCOLOGY NURSING: DESIGNING
RESEARCH AND NURSE SPECIAL INTEREST GROUP

Moderators: **Eran Ben-Arye, Rosario Caruso, &
Lea Raiber**

Introduction **(Rosario Caruso)**

The Added Value of Clinical Nursing Research in
Integrative Oncology: Relevance and Impact
(Christoph Von Dach)

Integrating Evidence-Based IO Practices in Supportive
Cancer Care: a Nursing Perspective **(Birgit Kröger &
Elke Kaschdailewisch)**

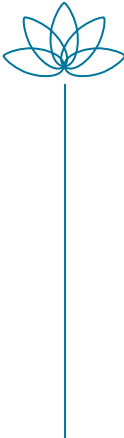
Designing Integrative Oncology Nursing Research: A
Mixed-Methods Approach **(Lea Raiber)**

Implementation of the Dutch clinical guideline for
complementary interventions in palliative care through
action research **(Martine Busch)**

Developing and Translating Context-Specific Nursing
Guidelines for Integrative Palliative Care in the Middle
East **(Maryam Rassouli)**

Discussion **(Lea Raiber)**

Integration of Complementary Medicine in Supportive
Cancer Care: Survey of Health Care Providers'
Perspectives **(Suha Omran)**



Exploring patients' perspective of an integrative oncology model of care: The Tanta research in Egypt

(Mohamed Hablas & Hesham Elhamzawy)

Experience of Integrative therapies in cancer patients in Palestine **(Ibtisam Ghrayeb)**

Integrative Oncology in Sudan: Barriers, Research Opportunities, and Nursing Collaboration **(Nahla Gafer)**

Care Beyond Cure: Holistic care in inpatient hospice **(Orly Yom Tov Golan)**

Developing mobile IO nursing network: research opportunities **(Diogo Madureira & Pedro Pereira)**

Discussion and Future Perspectives **(Eran Ben-Arye)**

Room 5

ORAL PRESENTATIONS: THE BEST OF SIO 2026
PART 2

Moderators: **Alain Toledano, Lorenzo Anelli**

From traditional healing to modern immunotherapy: real-world evidence on mistletoe therapy combined with immune checkpoint inhibitors in inclusive oncology care **(Anja Thronicke)**

The metabolic approach to cancer therapies: the state of the art and new lines of research **(Alessandra Grandi)**

Homeopathic Integrative Care Guidelines in Breast Cancer Treatment: Results of the First Delphi Consensus Study **(Jean-Lionel Bagot)**

Casa del Grano: a cohousing community providing comprehensive care for those living until their last breath **(Chiara Simoncini)**



Cancer patients seeking for Integrative Oncology: First insights of the Prospective Integrative Oncology Registry (PRIO) at the Comprehensive Cancer Center at University Hospital Ulm in Germany (**Hannah Maja Figura**)

Integrating Longevity Medicine into Women's Cancer Survivorship: A Proactive Framework to Improve Resilience, Hormonal Recovery, and Long-Term Outcomes (**Lorna A. Brudie**)

The Benefits of Aromatherapy During Cancer Care – 2 Pilot Clinical trials to Reduce Anxiety, Pain, and Nausea (**Richard T. Lee**)

Immunological Dysfunction and Functional Microbiome Disruption Across Treatment Contexts in Cancer: Real-World Insights from Shotgun Metagenomics in an Integrative Oncology Practice (**Emma Davies**)

17.30 – 18.15 Plenary Room

OUR HEALTH: BETWEEN BURNOUT AND RESILIENCE

Moderators: **Sameer Kassem & Nazanin Derakhshan**

Healthcare providers and post-traumatic growth
(**Aga Kehinde**)

Open your heart: on HRV and narratives
(**Eran Ben-Arye & Sameer Kassem**)

18.15 - 18.45 POSTER SESSION (with a taste of italian wine)

20.00 Gala Dinner



Sunday, May 10 PRE-CONFERENCE

07.30 - 08.30 TAI CHI session (in the University Park)

Sunday, May 10 CONFERENCE

Plenary Room

07.30 – 08.45 MERGIO-European Research meeting

(by invitation)

Moderators: **Ben-Arye, Rassouli, Breitzkreuz, Bonucci**

09.00 – 11.00 Integrative Oncology opportunities

and challenges in Europe and the Middle East

Moderators: **Thomas Breitzkreuz & Maryam Rassouli**

Presentation 1:

Friedemann Schad: Integrative Oncology:

Building a Data-Driven Oncology Network and the Cost-Effectiveness Perspective (15 min)

Presentation 2:

Anja Thronicke – The OCEANIC Study: Building the Evidence Base for Integrative Oncology (15 min)

Presentation 3:

Eran Ben-Arye: Integrative oncology guidelines: collaboration & Implementation (15 min)



Presentation 4:

Tzahit Simon-Tuval: Beyond cost: Effects of adherence to integrative care on oncology healthcare utilization, opioid use and hospitalization (15 min)

Presentation 5:

Thomas Breitkreuz: Integrative oncology in the hospital setting: Network development and clinical challenges (on the KIM) (15 min)

Presentation 6:

Political frameworks for cancer: How can we facilitate integrative oncology inclusion?

Elisa Baldini: The European Union (EU) perspective (12 min)

Hiba Boujnah: The World Health Organization (WHO) perspective (12 min)

Discussion: 10 min

11.00 – 13.00 Round Table: Oncology and Integrative

Oncology: SIO Europe vision

Moderator: **Dimitrios Varvaras**

Angelo Martignetti; Florian Strasser;

Alain Toledano; President AIOM, President ESTRO, President AIRO, SIO Europe 2026 Co-Presidents, SIO President Elect

13.00 – 13.30 Presentation 2027 SIO Europe Congress/

CLOSURE

2027 SIO Europe: **Alain Toledano/All Co-Presidents**



WORKSHOP PROGRAMMES

WORKSHOP “BRIDGING HUMAN AND VETERINARY MEDICINE: A NEW FRONTIER IN INTEGRATIVE ONCOLOGY”

CHAIRPERSONS: Alessandro Benvenuti and Carla Fiorentini - ARTOI Foundation

SHORT INTRODUCTION

According to an increasing number of studies, domestic animals (PETs) can contribute to research on human health. PETs can ease human patients' psychological and physical suffering, helping them better cope with the side effects of treatments and eventual hospitalization. It has been shown that a strong relationship between the human patient and PET results in significant benefits for various health aspects, including safety, self-esteem, emotional stability, and some motor function issues as well. This workshop mainly aims to define the current state of integrative medicine and nutrition in domestic animals in relation to human health.

PROGRAM:

The Canine Microbiota: A Sentinel and Traslational Model for Human Oncology (Carla Fiorentini and Alessandro Benvenuti, ARTOI Foundation)

Use of Unicist Homeopathy in Veterinary Oncology (Marina Nuovo, FIAMO-SIOV)

Aromatherapy as a One Health Strategy for the Prevention and Treatment of Microbial Infections in Human and Veterinary Medicine (Maura di Vito and Maurizio Scozzoli, University of the Sacred Heart- Rome)

Endocannabinoid System as a Conserved Inflammatory Axis in Mammary Cancer: Translational Implications for Integrative Oncology (Enrico Gugliandolo and Rosalia Crupi, University of Messina)



Oral versus subcutaneous administration of *Viscum album* extract for equine sarcoid disease: A randomized placebo-controlled double-blinded trial (Anke Beermann, Forschungsinstitut für biologischen Landbau FiBL)

DISCUSSION

WORKSHOP “SHIATSU IN ONCOLOGY - PAIN TREATMENT TECHNIQUE”

Speakers:

Renato Zaffina, Director of Studies/Shiatsu Practitioner, Institute of Bio-Natural Studies Italy

Raffaele Torchia, Naturopath/Shiatsu Practitioner Naturopathy and Nutrition Therapy Study Center

PROGRAM:

Shiatsu, what are we talking about?

Shiatsu, Salutogenesis, and Lifestyle

Shiatsu: Rebalancing the body in every breath, in every acupuncture, in every encounter with the practitioner

Shiatsu and the Pedagogy of Contact

Shiatsu, a healing technique that embraces all the difficulties of cancer patients

Shiatsu, a link between healthcare professionals, family members, and the patient

Shiatsu: being at the cancer patient's side in their challenging daily lives

The roots of Shiatsu, a thousand-year-old tradition

Toward the future for cancer patients



Review of Shiatsu in the scientific literature and in the presence of clinics in Italian healthcare facilities

Brief demonstration of a Shiatsu treatment

DISCUSSION

WORKSHOP “EVIDENCE BASED HOMEOPATHY WITHIN INTEGRATIVE ONCOLOGY: STATE OF THE ART”

The aim of this workshop is to highlight the real results of Homeopathic pre-clinical and clinical research published in biomedical literature about the use of Homeopathy in Oncology. Despite the criticism by skeptics' view of its supposed “placebo effect” and “lack of quality research”, the Homeopathic production of evidence increased at quantitative and qualitative levels over the last 50 years. Moreover, in the last 20 years, such an evidence has shown surprising results even in Oncology. The following studies have been published from 2005 to 2024: 6 observational, 4 RCTs, 2 prospective, 2 retrospective, 2 case series and 3 preclinic. Most of them reported highly significant improvements on the primary outcomes (QoL and survival time) as well as on the secondary ones (weakness, hair falling, nausea, anxiety/depression). 2 of these studies were also recognized and awarded as “best case serial program of the NCI of Bethesda (USA)”. In most of these studies, Homeopathy was prescribed in addition to the validated protocols. During this workshop, the abovementioned evidence will be presented in detail by some of the most renowned Homeopathic researchers worldwide: Moshe Frenkel (Israel), Michael Frass (Austria), Jean-Lionel Bagot (France), Dario Spinedi (Switzerland). All this evidence can be provided by the main search engines (Pubmed, Embase, Scopus, Ebisco, etc.) as well as by some databases, such as the FIAMO/ARTOI/LMHI.

Speakers:

Francesco Marino (5’), Moshe Frenkel (18’), Jean-Lionel Bagot (18’), Michael Frass (18’), Holger Malchow (18’)



WORKSHOP “IT’S TIME TO GO QUANTUM MEDICINE IN GLOBAL HEALTH”

Quantum medicine refers to an evolving and often debated field that aims to apply principles inspired by quantum physics. It represents a departure from conventional biomedical models, proposing the energetic processes within the complexity of im-munometabolism. Quantum medicine suggests that biological systems operate at an energetic level, expanding beyond conventional chemical reactions in which health and disease reflect energy balance. Because many concepts of quantum physics are difficult to describe, the frequency domain fields are crucial for describing the prob-abilistic nature of dynamic settings. A ‘wave functions domain’ is where proteins in-teract with water molecules, ligands, and other proteins. These fields are believed to carry information that can impact cellular communication and overall bodily func-tion. This understanding of energy and interconnectedness forms the theoretical ba-sis for the transfer of information that lies to cellular communication and overall bodily function. Furthermore, some interpretations in quantum medicine that are based on the ‘observer effect’ suggest that consciousness could have an impact on health outcomes.

PROGRAM:

Overall view of quantum medicine (Beppe Rocca, Department of Neuroscience, City of Health and Science, Turin)

Meditation in Oncology and the Quantum Action of the Mind in Healing Intentionality (Daniela Ferrini, European Quantum Activism – Bologna, Italy - Center for Quantum Activism (USA) and Director of the Hospital Psychology Unit, Oncology Department, AUSL Bologna)

Quantum dialectic perspective crossroad shock and death (Giorgio Noera, Cardiac Surgeon Member of Shock Society USA and Member European Society Cardiothoracic Surgery, President of Health Ricerca e Sviluppo, Ravenna Italy)



WORKSHOP “CHEMO-INDUCED NEUROPATHIES”

Moderators: **Mimma Raffaele, M. Bernadette Ligabue**

PROGRAM:

Overview of iatrogenic neuropathic toxicity and integrated neuropathy management in oncology (15 min): Mimma Raffaele

Prevention and therapeutic management strategies for neuropathy with rehabilitation: proposals and evidence (15 min) Teresa Paolucci

Complementary treatment with acupuncture and neuroacupuncture in the prevention and treatment of chemotherapy-induced neuropathy; proposals and evidence (15 min) Cecilia Lucenti

Complementary treatment with ozone therapy in chemotherapy-induced neuropathy; proposals and evidence (15 min) Michele Acanfora

Brief discussion

WORKSHOP “MISTLETOE TREATMENT IN ONCOLOGICAL PATIENTS: HANDS ON COURSE AND PRACTICAL ISSUES”

Speakers:

Friedemann Schad, Gemeinschaftskrankenhaus Havelhöhe Oncology Center

Thomas Breitkreuz, International Federation of Anthroposophical Medical Associations

In the workshop we demonstrate practical issues of mistletoe treatment in daily care. Applications, dosage finding, aspects of the tree characteristics and attention to side effects are discussed as well as combinational approaches with standard therapy. After an introduction questions and experiences from participants are invited to be discussed.



WORKSHOP “SPIRITUAL HEALING AND SELF-HEALING WORKSHOP FOR INTEGRATIVE / ONCOLOGICAL PRACTICE”

Facilitator: **Antoni Przechrzta**, President of the Polish Association of Spiritual Healers (PSDU)

INTRODUCTION

This short experiential workshop introduces participants to the principles and practices of spiritual healing and self-healing within integrative oncology. Rooted in multidimensional concepts of health, the session explores how attunement, conscious intention, and energy awareness can support holistic well-being.

Spiritual healing is presented as a systematic and intentional process through which healing energy is directed—through meditation, focused awareness, empathic listening, gentle touch, or distant intention—to stimulate the organism’s innate self-regulating capacities. The workshop emphasizes that the practitioner acts not as the source, but as a conduit of universal life energy, facilitating the restoration of balance across physical, emotional, mental, and spiritual dimensions.

PROGRAM:

Introduction

Spiritual healing in integrative oncology – a brief overview (for patients and oncology personnel)

Evidence and clinical perspectives

Emotional and spiritual dimensions of cancer care: reflection on how emotional and spiritual imbalances affect physical health

Key principles of communication with oncology patients

Practical Exercises

Healing and Self-Healing Protocols

Intercessory prayer and distant healing

Grounding, centering, breathing, and attunement



Setting a personal intention for healing

Optional paired exercise: sensing and sending healing energy

Grounding and stabilization / safety

Brief reflection and sharing on integrating spiritual awareness into clinical or personal practice

WORKSHOP “SAFFRON: SUSTAINABLE CULTIVATION AND MECHANISM OF ACTION FOR MOOD SUPPORT”

Speaker:

Beatrice Cera, Master’s Degree in Evolutionary Biology, University of Padua; Technical-Scientific Consultant at Cento Fiori S.r.l.

PROGRAM:

1. Innovative cultivation
2. Mental well-being
3. Serotonin and SERT
4. Antidepressants
5. Saffron (*Crocus sativus* L.)
6. Phytocomplex
7. Pharmacokinetics
8. Interactions
9. Biological properties
10. Toxicology
11. In silico study
12. Conclusions



WORKSHOP “ACUPUNCTURE THERAPEUTIC MODELS APPLICABLE IN PRACTICE”

Speakers:

Alessandra Poini, Carlo Maria Giovanardi - IRCCS Sant’Orsola Hospital, Bologna, Italy

ACUPUNCTURE THERAPEUTIC MODELS FOR TREATING ONCOLOGICAL SIDE EFFECTS

Acupuncture is increasingly recognized as a component of integrative oncology, offering a non-pharmacological approach to support oncological patients, treating oncological therapy’s side effects. This workshop provides an overview of how acupuncture can be effectively implemented within clinical protocols. We will discuss current international guidelines and specific therapeutic models tailored to manage common treatment-related symptoms, such as chemotherapy induced peripheral neuropathy (CIPN). During the session we will present the results from two years of dedicated activity at the Oncological Acupuncture Clinic A.M.A.B.- LOTO in IRCCS Sant’Orsola Hospital in Bologna, focusing on improving patients’ quality of life throughout their oncological care. Space will be given to the practical demonstration of the protocols used.

WORKSHOP “A MULTIDISCIPLINARY APPROACH: Models of integration in palliative care and supportive care in Hospice”

INTRODUCTION AND SPEECHES

Acupuncture and homeopathy are increasingly recognized as supportive therapies in palliative care for terminal patients. Their integration into both public and private clinical settings offers valuable assistance in managing pain and enhancing the quality of life for patients at the end of life. These methods are particularly appreciated for their minimal side effects, making them suitable for use alongside conventional treatments.



- Acupuncture at the end of life: a spiritual approach and practical formulas, Franco Cracolici (45')
- The scientific, humanistic and spiritual contribution of homeopathy to the terminally ill patient, Holger Malchow (15'), Paul Muttathukunnel (15'), Francesco Marino, (15')

WORKSHOP “INTEGRATION OF OSTEOPATHY INTO CARE PATHWAYS: SCIENTIFIC RATIONALE AND CLINICAL APPLICATIONS”

This global workshop on osteopathy in oncology integrates different clinical and scientific approaches to support patients with their care pathway. Osteopathy is presented as a complementary medicine aimed at modulating neurovegetative, circulatory, and fascial systems, with potential benefits for pain, stress, and quality of life. In particular, the program is structured around three main areas: Post-mastectomy scar management, considered as a systemic disruptor of fascial and neurovegetative balance; Specific osteopathic techniques, such as CV4 and adrenal gland approaches, integrated within a systemic framework; “Three diaphragms” model, as a functional continuum involved in the regulation of respiration, inflammation, and neuroendocrine dynamics. The aim is to provide practical, integrated tools for a comprehensive and patient-centered approach in oncology care.

PROGRAM:

Oliviero Bonetti - Demonstration of the CV4 technique for regulating the autonomic nervous system. Evaluation and results through HRV measurement with the Biotekna PPG Stress Flow medical device

Davide Baccarino - Demonstration of several techniques for the adrenal glands. Evaluation and results through 24-hour measurement of cortisol using saliva samples. Illustrative material will also be shown.

Sandra Tosi and Alessandro Leone - Palpatory assessment of scars. Fascial mobility: local tests and remote integrations. Treatment demonstration. Clinical case



Mauro Fornari - Osteopathy and the “Three Diaphragms”: a systemic approach to stress, fluid flow and functional recovery in oncology. Practical demonstration and scientific rationale

WORKSHOP “INTEGRATIVE ONCOLOGY NURSES IN EUROPE AND MIDDLE EAST: MODELS, ROLES AND SCOPE OF PRACTICE”

Main focus: Clinical practice

**Integrative Oncology Nurses in Europe and Middle East:
Models, Roles and Scope of Practice**

**Moderators: Ms. Aga Kehinde, Prof. Maryam Rassouli, &
Dr. Jacqui Stringer**

Title & presenter name	Affiliation
<i>Introduction</i> Prof. Maryam Rassouli (2 minutes)	
<i>Integrative nursing models in the UK: barriers and opportunities</i> Ms. Aga Kehinde (7 minutes)	Synthesis Clinic, UK; British Society of Integrative Oncology (BSIO)
<i>Beyond Coordination: The Added Value of a Nurse and Health Coordinator in Integrative Oncology at Institut Rafaël</i> Ms. Nesrine Barhoumi (7 minutes)	Institut Rafaël, France
<i>Les Soins de Chaleur: Restoring Meaning in the Nursing Role in IO</i> Ms. Sophie Martin (7 minutes)	À la Croisée des Chemins, France
<i>Nursing role in breast cancer: an integrative approach</i> Rani Vanhoudt (7 minutes)	University Hospital of Leuven, Belgium



<p><i>An example of nurse-led integrative care; Supporting women's sexual health following breast cancer treatment</i></p> <p>Dr. Jacqui Stringer (7 minutes)</p>	<p>The Christie NHS Trust; University of Manchester, UK</p>
<p><i>IO nursing approaches in symptom management: a Swiss perspective</i></p> <p>Ms. Sara Kohler (7 minutes)</p>	<p>Zürich University of Applied Sciences, CH; Swiss Network Integrative Oncology, CH</p>
<p><i>Alleviating cancer-related fatigue with anthroposophic external application</i></p> <p>Ms. Monika Layer (7 minutes)</p>	<p>Center of Integrative Medicine St. Gallen, Switzerland</p>
<p><i>Discussion</i></p> <p>Dr. Jacqui Stringer (15 minutes)</p>	
<p><i>IO Aromatherapy in Symptom Management (Hands-on demonstration 22 minute)</i></p> <p>Ms. Birgit Kröger & Ms. Elke Kaschdailewitsch</p>	<p>KIM BW Marienhospital Stuttgart, Germany Filderklinik, Germany</p>

WORKSHOP “PHYSICAL ACTIVITY IN INTEGRATIVE ONCOLOGY”

Moderators: **Gian Paolo Ronconi, M. Bernadette Ligabue**

PROGRAM:

- Physical exercise as a therapy in oncology: Monica Pinto (15 min.)

Physical activity programs in Europe:

- The role of physical exercise in preventing side effects in oncology (fatigue, neuropathy, and deconditioning): Anna Campbell's experience in Scotland. (15 min.)

Physical activity programs in Italy:

- Integrating physical exercise into the oncology care pathway for children and adults: the experience of Gemelli Hospital in Rome: Paola Emilia Ferrara (15 min.)



- Integrating physical exercise into the oncology care pathway: the experience of the MO.RE. clinic. IRCCS Reggio Emilia: Stefania Fuggazzaro (15 min.)
- The Role of Physical Exercise in Patients with Colorectal Cancer: The Experience of Sant'Andrea Hospital, Rome: Dr. Nuska Sveva (15 min.)

WORKSHOP “NEURAL THERAPY: SCIENTIFIC RATIONALE FOR AUTONOMIC MODULATION IN INTEGRATIVE ONCOLOGY”

Speakers:

Maurizio Episodio, Michele Acanfora, Salerno, Italy

PROGRAM:

- Role of the Autonomic Nervous System in Oncogenesis
- Tumor as a Neurointegrated Organ
- Clinical Perspectives
- Clinical Case Presentations
- Technical Demonstrations of Neural Therapy

WORKSHOP “INTEGRATIVE THERAPIES IN ONCOLOGICAL CARE PATHWAYS: THE KOMEN ITALIA–ONCONAUTI HOSPITAL–TERRITORY MODEL FOR TRANSLATING SCIENTIFIC KNOWLEDGE INTO CLINICAL PRACTICE. A FEASIBILITY STUDY”

Organized by:

Onconauti Association & Susan G. Komen Italia

Scientific Framework:

This workshop presents the Hospital–Territory Integrative Oncology Model, translating evidence-based integrative therapies into clinical practice, in accordance with SIO Guidelines, NCCN Survivorship Guidelines, and AIOM Recommendations. The program emphasizes multidisciplinary care, continuity from hospital to community, and patient-centered rehabilitation and survivorship strategies.



OPENING SESSION WELCOME AND SCIENTIFIC RATIONALE

Introduced by:

Silvia Gheorghita, President – Onconauti Association

Stefano Giordani, Scientific Director – Associazione Onconauti

Overview: • Rationale and objectives of integrative oncology in contemporary cancer care • Hospital–Territory model bridging inpatient and community services • Evidence-based frameworks and guideline alignment (SIO, NCCN, AIOM)

10:50 – SESSION I: Integrative Support from Cancer Diagnosis and During Active Antitumoral Treatments

Session Chairs:

Stefano Giordani – Center of Integrative Therapies, Metropolitan Oncology Network of AUSL Bologna

Giorgia De Iuri – Associazione Onconauti Friuli

Talks:

1. The Komen Center for Integrative Therapies: A Structured Hospital-Based Model for Multidisciplinary Care During Active Cancer Treatment, and Transitioning to Community Services Claudia Maggiore – Komen Italia Center for Integrative Oncology; Daniela Belella – UO di Psicologia Clinica, Fondazione Policlinico Universitario A. Gemelli IRCCS, Roma
2. Nature-Based Interventions for Breast Cancer Patients: Oncoforest Bathing and Exercise Camilla Costa – Associazione Onconauti; Andrea Di Blasio – Università “G. d’Annunzio” Chieti-Pescara

11:30 – SESSION II: Survivorship Care During Adjuvant Cancer Treatments and Follow-Up: From Territorial Integrated Rehabilitation to Tertiary Prevention and Return-to-Work Programs

Session Chairs:

Claudia Maggiore – Komen Italia Center for Integrative Oncology

Talks:

1. The Onconauti Model for Survivorship in a Metropolitan Oncology Network: Hospital-to-Territory Integration Based on the Territorial Center of Integrative Therapies of Bologna Stefano Giordani – Center of Integrative Therapies of Bologna



2. Relationship-Centered Care, Humanisation, and Management of Social Toxicity in the Territorial Center of Integrative Therapies of Bologna Laura Fabbri – Associazione Onconauti Bologna; Giorgia De Iuri – Associazione Onconauti Friuli

WORKSHOP “TOXIC METALS, EXPOSOME AND HOST RESILIENCE IN INTEGRATED ONCOLOGY: TRANSLATIONAL IMPLICATIONS FOR PRECISION MEDICINE”

Speaker:

Daniele Vietti – Driatec SRL

INTRODUCTION:

The cancer patient in remission is not a recovered patient. Beyond the tumour, a biological environment persists — one shaped by years of toxic metal accumulation, xenobiotic exposure and oxidative stress — that standard oncology protocols rarely assess or address. This workshop explores the science of the host: how environmental toxicants enter the body, how cytochrome P450 enzymes process them, how genetic polymorphisms determine individual drug response, and how micronutritional deficits silently amplify every layer of vulnerability. Drawing on published clinical data from our research group and on the emerging field of pharmacogenomics, we will build a practical, evidence-based framework that clinicians can apply from the very next patient visit. Precision medicine that ignores the host environment is not fully precise.

PROGRAM:

- The invisible patient: exposome and toxic metal burden in oncology (15 min)
- Xenobiotics and cytochrome P450: metabolism and drug interactions (20 min)
- Applied pharmacogenomics: CYP450 polymorphisms and treatment personalisation (20 min)
- GSH deficit, homocysteine and micronutritional support (15 min)
- Practical framework for clinicians: diagnostics and 5-step protocol (10 min)
- Open discussion and Q&A (10 min)



WORKSHOP “STEM CELL DIFFERENTIATION FACTORS AND NEOPLASTIC CELL RE-EDUCATION: A DEVELOPMENTAL BIOLOGY PARADIGM IN INTEGRATED ONCOLOGY”

Organized by **Novacell Biotech Company Srl**, Milan, Italy

PROGRAM:

1. *Opening of the proceedings*
Online link with Professor Biava for the opening remarks - Speaker: Pier Mario Biava
2. *Scientific overview and key discoveries by Professor Biava* - Speaker: Giorgia Grappeggia
3. *From scientific evidence to product formulation and practical applications* - Speaker: Michele Biava
4. Conclusions and closing remarks

WORKSHOP “IMPLEMENTING HOMEOPATHY IN HOSPITALS AND INTEGRATIVE ONCOLOGY CENTERS ACROSS SIO-EUROPE: STRUCTURED CLINICAL MODELS, IMPACT, AND FUTURE DIRECTIONS”

Workshop of Special Interest Group Homeopathy – Society for Integrative Oncology, with institutional support from Boiron

OVERVIEW

This workshop will explore the structured implementation of homeopathy within hospital-based integrative oncology units and integrative oncology centers across SIO-Europe, highlighting clinical organisation models, relevant impact in cancer care and future development perspectives.

Invited experts:

FRANCE: Jean-Lionel Bagot

Saint-Vincent Hospital Group, Head of integrative department, Strasbourg (since 2007)



UNITED KINGDOM: Elizabeth Thompson

NHS National Health Service (2000-2019) and NCIM, National Centre for Integrative Medicine (since 2014)

AUSTRIA: Michael Frass

Medical University of Vienna (1978–2019), Academic and private practice activities (since 2019)

BELGIUM: Ingrid Theunissen

Women's Clinic, Edith Cavell, CHIREC, Bruxelles (2009-2013) ; Clinique du sein, City Clinic Louise, CHIREC, Bruxelles (2014-2017) ; Clinique du sein, Hôpital Delta, CHIREC, Bruxelles (2018-2025) and HUB-Institut Jules Bordet, Bruxelles - HUB: Hôpital Universitaire de Bruxelles - (since 2025)

ITALY: Elio G. Rossi

Former Director of the Hoemopathic clinic of the hospital of Lucca (1998-2023). Director of the Regional Center for Integrative Medicine of the Region of Tuscany (since 2023).

ISRAËL: Moshe Frenkel

Clinical Associate Professor University of Texas Medical Branch, Complementary and Integrative Medicine, Division of Oncology, Rambam Medical Center, Haifa

And Jérôme Sicard PharmD - Community pharmacist - Châlons en Champagne, France



DESCRIPTION

Through comparative national perspectives, speakers will present real-world hospital integration models, including organisational frameworks, clinical indications, safety considerations, interdisciplinary collaboration and measurable impact in oncology care.

The session will conclude with a discussion on strategic future directions and opportunities for structured European collaboration in hospital-based integrative oncology. Particular attention will be given to the integration of primary care networks and to collaborative models linking community-based services with hospital integrative centers, with the aim of delivering personalized and coordinated patient-centered pathways.



SELECTED POSTERS

- Detection of Circulating Cancer Stem Cells and Their Clinical Relevance in Breast Cancer - *Monika Pizon, Dorothea Schott, Katharina Pachmann - Pachmann GmbH & Co. KG, Bayreuth, Germany*
- Impact of Oxaliplatin-Induced Peripheral Neuropathy on Hand Grip Strength and Manual Dexterity in Patients with Colorectal Cancer - *Özlem Feyzioğlu, Selvi Tabak Dinçer, Emir Çelik - Acibadem University and Isistinya Liv Hospital Topkapi, Istanbul*
- Optimizing Antibody-Drug Conjugate Treatment in Breast Cancer Through Supportive and Integrative Care: A Clinician-Driven Narrative Review – *Nathaniel Scher, Clementine Besnard, Mouna Labidi, Ripsy Merrin Chacko, Hanah Lamallem, Alain Toledano and others - Institut Rafael and Hartmann Group*
- Narrating Illness, Building Care: Pathography as a Bridge Between Experience and Clinical Intervention – *Santuccio Gemma, Bonanno Lorenza, Cuppari Francesca, Maci Roberta, Chiarione PIERALBA - UOSD Hospice Kairos Asp Siracusa*
- Safety of Homeopathy in Integrative Supportive Cancer Care - A Scoping Review Protocol - *Francesca Andreazzoli - Versilia Hospital, Camaiore, Italy - ARTOI Foundation, Rome, Italy; Jean-Lionel Bagot MD - Integrative Care Day Unit, Groupe Hospitalier Saint Vincent, Strasbourg, France; French Society for Integrative Oncology (SFOI)*
- Traditional Herbal Medicine for Opioid-Induced Constipation in Patients with Cancer: A Systematic Review and Meta-Analysis of Randomized Controlled Trials - *Su Hyeon Lee, Department of Korean Internal Medicine, Kyung Hee University Hospital at Gangdong, Seoul, Republic of Korea; Eun Hye Kim, Seong Woo Yoon - Department of Internal Medicine, Gachon University and Kyung Hee University Hospital*
- Sex Differences in Quality of Life Associated with Oxaliplatin-Induced Peripheral Neuropathy in Patients with Colorectal Cancer - *Özge Köseoğlu - Department of Physiotherapy and Rehabilitation, Institute of Health*



Sciences, Acibadem University / Fenerbahçe University, Istanbul, Turkey; Selvi Tabak Dinçer, Emir Çelik - Acibadem University and Istinye Liv Hospital Topkapi

- *Simed AI: A Human-in-the-Loop AI Tool to Accelerate Detection of Relevant Articles for Systematic Reviews in BioMedical Research: Application to a Scoping Review on the Safety of Homeopathic Medicines in Integrative Oncology - Pacôme Lacot, Arthur Nosedà, Laurence Raynaud, Mathilde Saval, Aurelie Deyrieux, Cassandre Basse, Thibault Buisse, Stephanie Chanut - Laboratoires BOIRON, Research Department, Mes-simy, France*
- *Forest Therapy as a Complementary Intervention in Breast Cancer: A Pilot Study - Chiara Bonetto - Department of Neuroscience, Biomedicine and Movement Sciences, Section of Psychiatry, University of Verona; Gian Luigi Spadoni, Roberta Pace, San Camillo De Lellis Hospital, Rieti; TeFfit Association, Pelago; Volunteer Organization ALCLI 'Giorgio e Silvia'; Cinzia Andreini - TeFfit Association, Pelago*
- *Evaluating the Role of Informal Caregivers in Metastatic Cancer Patients Treated With Oral Anticancer Therapy: A Prospective Observational Study - Barbara Salvo, Mariapia Marafioti, Giuseppe Consaro, Giuliana Ciappina, Giordana Di Mauro, Ylenia Crupi, Carmela Mento, Massimiliano Berretta - Division of Medical Oncology, 'G. Martino' University Hospital, University of Messina, Italy*
- *Stress-System Resilience as a Biological Predictor of Chemotherapy Toxicity in Geriatric Oncology: The GERONIMO Study - Len De Nys, Nele Adriaenssens - Rehabilitation Research Group (ReRe), Vrije Universiteit Brussel, Brussels, Belgium*
- *A Multi-Agent Artificial Intelligence Platform for Patient-Centered Preventive Care - Lorenzo Anelli, Massimo Bonucci, ARTOI Foundation, Rome, Italy*
- *VISCUM ALBUM FERMENTATUM PINI (AN ANTHROPOSOPHICAL REMEDY) IN SARCOMA - Alessandra Longhi MD Istituto Ortopedico Rizzoli IRCCS, Bologna, Italy*



- Real-world analysis of symptom burden and multidisciplinary care in integrative oncology - *Stéphanie Nuan-Aliman, Nathaniel Scher, Clementine Besnard, Mouna Labidi, Ilan Darmon, Marc Bollet, Hanah Lamallem, Alain Toledano - Institut Rafaël and Hartmann Group*
- Empowering Cancer Care: the Role of the Lifestyle Guide and BelsIO in Implementing Integrative Oncology in Clinical Practice - *Anaïs Brouckaert, Natacha Ruysers, Hanne Vos, Kathleen Lambein, Sverja Van Driessche Dewaele, Ann Smeets - KU Leuven, Belgium*
- Improvement of Quality of Life through Nutritional and Osteopathic Treatments in Patients with Early-Stage Breast Cancer Undergoing Adjuvant Hormone Therapy after Surgery: The S.E.C.C.O. Study – *Cristina Ferraris, IRCCS Istituto dei Tumori, Senologia, Milano, Italia; Chiara Lattori, Deborah Bonfili, Alessia Davolo, Alexandra Cambero, Silvia Marcucciotti, Andrea Manzetti, Virginia Ceccaerosi, Erica Ignazzi, Secondo Folli - IRCCS Istituto dei Tumori, Milano and SOMA Scuola Osteopatia Milano, Italia*
- Digital Early Detection of Malnutrition in Ambulatory Oncology Patients: Integrating Technology into Nutritional Care Pathways - *Lynn Leemans, Axelle Bonast, Brent Debell, Martine Blommel, Elisabeth De Waele - Department of Clinical Nutrition and Dietetics, Vrije Universiteit Brussel (VUB), Belgium*
- Assessment Methods for Fascial Connective Tissue in Exercise Oncology - *Werner Klingler, Conservative and Rehabilitative Orthopaedics, TUM School of Medicine and Health, Technical University Munich; Fascia Research Society (FRS) - Burnsville, Minnesota, USA; Stephanie Otto, Klaus Kramer, Katja Bartsch - Ulm University and Technical University Munich*
- Supporting return to work after cancer: Results of an evaluation of recovery coaching at the Rafaël institute - *Annick Dulion, Nesrine Burhoumi, Stéphanie Nuan-Aliman, Julia Gleizes, Alain Toledano, Shéhérazade Boyer-Tamil, Hartmann - Institut Rafael, France*
- The Neuro-Fascial Interface - Vagal Tone As A Modulator In Exercise Oncology - *Marc N. Jarczok - Clinic for Psychosomatic Medicine and*



Psychotherapy, Ulm University Medical Center - Ulm, Germany; Julian Thayer, Corina Aguilar-Raab, Katja Weimer - Ulm University; Stephanie Otto - Comprehensive Cancer Center Ulm (CCCU)

- *Acupuncture on acute dysphagia in patients treated with chemo-radiotherapy for head and neck squamous-cell carcinoma (HNSCC): a randomized phase 2 study - Giovanni Giambalvo Dal Ben - Regional Referral Center for TCM, Integrative Medicine Center, Physical and Rehabilitation Medicine Department, Local Health Authority Central Tuscany, Florence, Italy; P. Bonomo, S. Caini, M. Canovelli, F. De Felice, C. Cattaneo, M. Bona, A. Maiorgio, V. Salvestrini, I. Desideri, G. Guido, C. Livi - University of Florence and other Italian centers*
- *Artificial Intelligence in Integrative Oncology: A Critical Narrative Review on Structuring Clinical Complexity While Preserving the Therapeutic Relationship – Nathaniel Scher, Clementine Besnard, Mouna Labidi, Ripsy Merrin Chacko, Hanah Lamallem, Yasmina Moukasse, Aurelie Allati, Alain Toledano and others - Institut Rafael and Hartmann Group*
- *Rare Cancers Are Collectively Common: A Narrative Review Highlighting the Need for Integrate Integrative Oncology in an Overlooked Population – Julia Gleize, Université Paris Cité, France; Institut Rafaël, France; Nathaniel Scher - Institut Rafaël; Centre de Radiothérapie Hartman, France; Alain Toledano - Institut Rafaël; Centre de Radiothérapie Hartman, France; James A. Levine - Fondation Ipsen, France; Mayo Clinic, USA*
- *Spiritual Healing in Integrative Oncology: Clinical Effectiveness and Implementation Potential - Antoni Przechrista, Polish Association of Spiritual Healers - Polskie Stowarzyszenie Duchowych Uzdrowicieli and Institute for Self-Reisation - Instytut Realizacji Siebie, Warsaw, Poland*
- *Well-being and Sexuality in Oncology: Psychological and Physical Implications for Women’s Quality of Life After Cancer - Patrizia Giungato, Psychotherapist and Psycho-oncology Specialist, Integrative Oncology, Italy*
- *Waiting as a Neglected Therapeutic Space: Anxiety and Patient Experience Across Integrative Care Pathways: A Multicenter Exploratory Study*



- Marc Caiy, Institut Rafaël Santé Intégrative, Levallois-Perret, France; Nathaniel Scher, Stéphanie Nuan-Aliman, Anne-Françoise Hocquet, Ilan Darmon, Charlotte Perez, Véronique Hannoun, Marc Beaussier, Benoit Plaud, Alain Toledano - Institut Rafaël and Hartmann Group

- Longitudinal symptom evolution following reflexology in supportive oncology care - Stéphanie Nuan-Aliman - Institut Rafaël, France; Anne Guillaumeau, Mathilde Enos Schneider, Mouna Labidi, Clementine Bernard, Marc Bollet, Hanah Lamallem, Nathaniel Scher, Alain Toledano - Institut Rafaël
- Integrative multidisciplinary oncological approach in cancer patients receiving oncological treatments: a case series - Giordana Di Mauro, School of Specialization in Medical Oncology, University of Messina, Italy; Patrizia Carroccia, Giuliana Ciappina, Tindara Franchina, Massimiliano Berretta and others - University of Messina
- Implementing Multidisciplinary Breast Cancer Rehabilitation: Preliminary Data from a Multicenter Integrative Program: Nastro Rosa - Giordana Di Mauro, School of Specialization in Medical Oncology, University of Messina, Italy; Benedetta Raneri, Patrizia Carroccio, Marco Donato, Barbara Salvo and others - University of Messina, Italy
- Herbs from NE region in the management of Type II Diabetes Mellitus - Bishnu Prasad Sarma
- Structured Deterministic Evidence Mapping to Support Integrative Oncology Decision Pathways - Giorgio Modesti - KRONEMED SRL, Rome, Italy
- From wisdom to real world evidence: 12 years of cancer rehabilitation in Brussels - lessons learned, impact today, and the road ahead - Nele Adriaenssens, Vrije Universiteit Brussel/Universitair Ziekenhuis Brussel, Belgium; Cara Proesmans, Damas Chakem, Noam Pierre, Luna Gauchez, Christel Fontaine, Cil Awada, Len De Nys - Vrije Universiteit Brussel
- Experiences and Satisfaction of Cancer Patients treated at a Swiss Complementary and Integrative Medicine Service - Eliane Timm, Ilana Ber-



lowitz, Caroline Maake, Ursula Wolf - Institute of Complementary and Integrative Medicine, University of Bern, Switzerland

- Chronic lymphocytic leukemia managed with an integrated therapeutic approach: a 3-year follow-up case report – *Egidio Galli, Italy*
- Integrating Ayurvedic Supportive Care with Conventional Oncology: Bridging Ancient Wisdom and Modern Cancer Care - *Sameer M. Joshi, BSP's Gomantaka Ayurveda Mahavidyalay, Goa, India; Prathamesh A. Kotagi, Late Kedari Redekar Ayurvedic Mahavidyalay, Dist. Kolhapur, India*
- Dance in Integrative Oncology: A Movement-Based Approach to Quality of Life and Cancer-Related Fatigue in Breast Cancer Survivorship - *Mona Gad, Breast Cancer Center, Hospital Gemeinschaftskrankenhaus Havelhöhe Berlin, Germany; Anja Thronicke, Thomas Rieser, Blanca Götmer, Jessica Groß, Friedemann Schad - Research Institute Havelhöhe and Charité, Berlin*
- Functional Assessment of Circulating Cancer Stem Cells and Clinical Course During Salinomycin Treatment in Breast Cancer: A Case-Based Observation - *Norbert Szalus, ImmunoMedica Clinic; K.Pachmann, O. Schott, M.Pizon - Laboratory Dr Pachmann, Bayreuth, Germany*
- Anti-Orbital Ionic Calcium (AIC) in Integrative Oncology: Calcium Signal Timing and Clinically Documented Outcomes Across Cancer Settings - *Server Bozdogan, Advanced Calcium Research Institute, Mersin, Turkiye*
- Integration Of Ayurveda Diet For Sustainable Increasing Health Status For All And For Decreasing Health Care Costs And Pharmaceutical Costs Globally - *Yannick Pots, Centre for InterDisciplinary & Sustainable Governance, Leadership & Innovation, South-Brussels, Belgium; Christel Fontaine - UZ Brussel, Brussels, Belgium*
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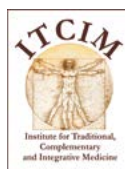




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